



NO PUNISH: A validated multi-dimensional tool to facilitate the transfer of good practices across EU on elimination of corporal punishment.

Training material

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OBJECTIVES

The overall objective of NOPUNISH is to facilitate the transfer of Good practices among European countries by enabling a multidimensional tool for self-assessing and for applying and evaluating specific measures in order to enhance the capacity of protection system to adopt good practices on elimination of the corporal punishment.

Specific Objectives

- To improve the knowledge on the elimination of corporal punishment in children across the EU.
- To assess the requirements needed for a successful implementation of a good practice in a different context in the three dimensions considered (legal, social awareness, education, context related variables, etc).
- To foster the exchange of good practices and facilitate the process of information sharing between countries and/or regions in Europe, speeding up the adoption of innovative practices.
- To provide a validated tool that identifies, analyses and facilitates knowledge transfer of the multidimensional requirements of good practices and child protection systems.

NOPUNISH project is funded by the European Commission DG Justice
JUST/2015/RDAP/AG/CORP

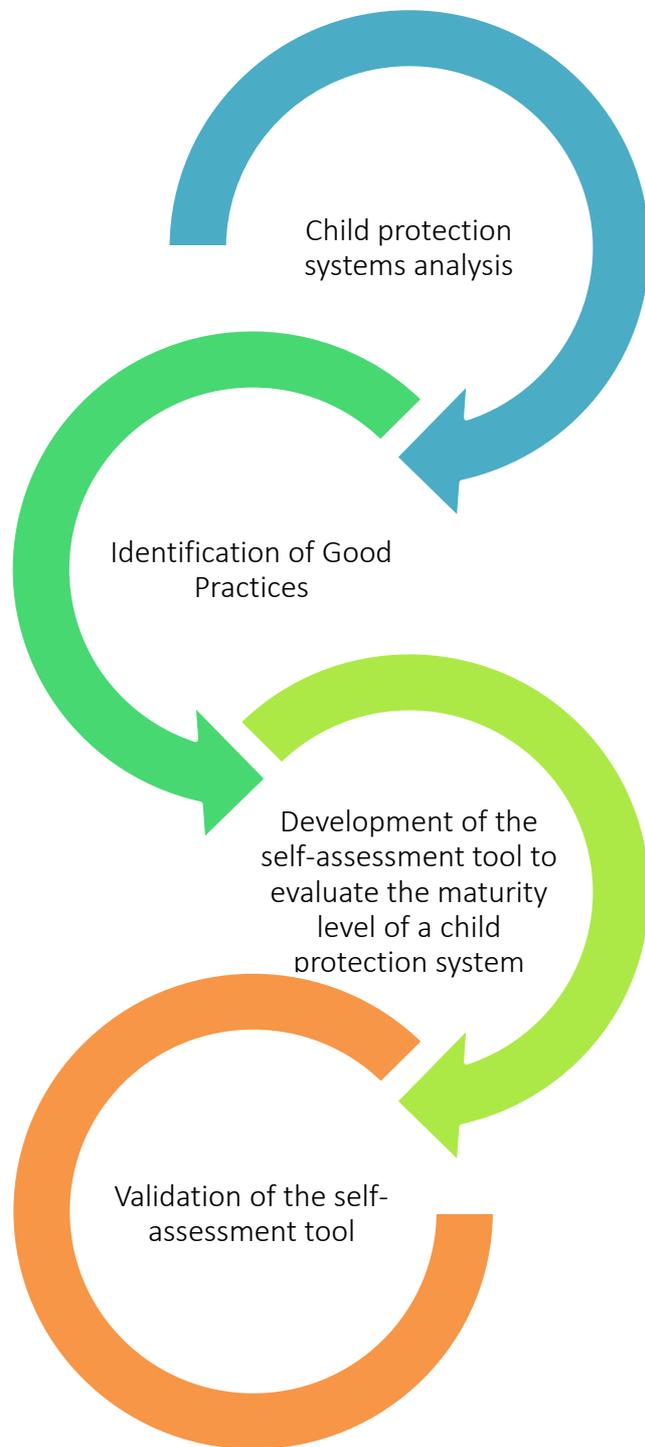
CONSORTIUM

- Research Institute Polibienestar–University of Valencia (Spain)
- University of Burgos
- City of Rotterdam (The Netherlands)
- ONG Estonian Advice (Estonia)
- GINSO (Spain)
- Save the Children (Romania)

TARGET GROUPS

- **Policy-makers:** **How?** The Best Practices on Elimination of Corporal Punishment Repository and the NOPUNISH self-assessment quizzes on the Tool facilitate the transferability of good practices through European Countries, and support decision-making.
- **Child protectors:** **How?** The Best Practices on Elimination of Corporal Punishment Repository will provide them with programmes and activities for promoting positive parenting, etc.
- **Parents**
- **Corporal Punishment Victims**

PROJECT PHASES



THE TOOL

<http://bestpractices.nopunish.eu/>

NO PUNISH
Knowledge transfer & informal training tool

Forums | How to use this tool | Explore our database

From an international approach, each country has developed different child protection systems, which are in a continuous improvement process. NOPUNISH tool is aimed to facilitate good practices exchange among them in order to eliminate corporal punishment against children.

Using the NOPUNISH tool, you will evaluate the minimum criteria to be accomplished to guarantee the successful adaptability of a good practice into your protection system.

We would like to invite you to test our tool!

WHAT IS IT?

The Knowledge Transfer tool is an Interactive site and Database of Best Practices about corporal punishment and positive discipline at European Level, developed by the NOPUNISH consortium.

WHAT ARE YOU LOOKING FOR?

explore our database

Practices are classified into **large groups** (i.e. key persons or groups for implementing the program) and **topics** (or areas to be tackled):

I am interested in practices aimed at...

- Education professionals
- Parents
- Public Administration officers
- Social workers/educators
- Uncategorized

I'm looking for programmes about...

- bullying
- emotional violence
- family-centred intervention
- gender-based violence
- ill-ICD drug abuse
- inuits
- limits and rules
- neglect
- physical violence
- positive parenting
- sexual violence
- teenagers
- verbal abuse
- violence

Submit

How it works

You can find detailed information about how this tool works in the section [How to use this tool](#).

Join the community

Also, you can participate and exchange your experiences, through and concerns in our forums.

Forums

get support:
join the community

Copyright © 2013 | NoPunish Project

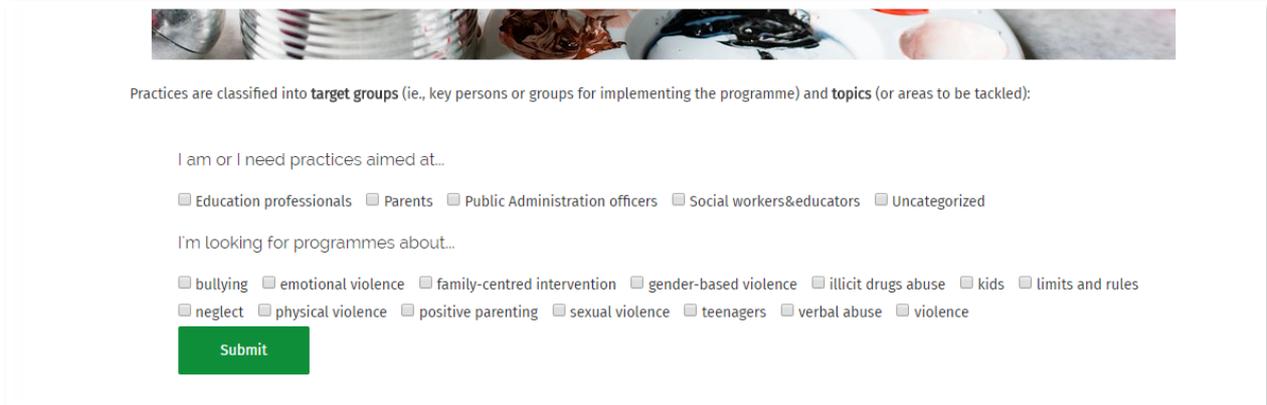
The Landing Page aims at providing users with a general explanation and roadmap for using the tool: the landing page comprises:

- A brief description of the project and the tool
- The plugin and filters for exploring the database
- The link to a brief user guide
- The link to our forums

HOW TO SEARCH PRACTICES?

There are several methods for finding practices:

EXPLORING THE DATABASE (DB) FROM THE LANDING PAGE



Practices are classified into **target groups** (ie., key persons or groups for implementing the programme) and **topics** (or areas to be tackled):

I am or I need practices aimed at...

Education professionals Parents Public Administration officers Social workers&educators Uncategorized

I'm looking for programmes about...

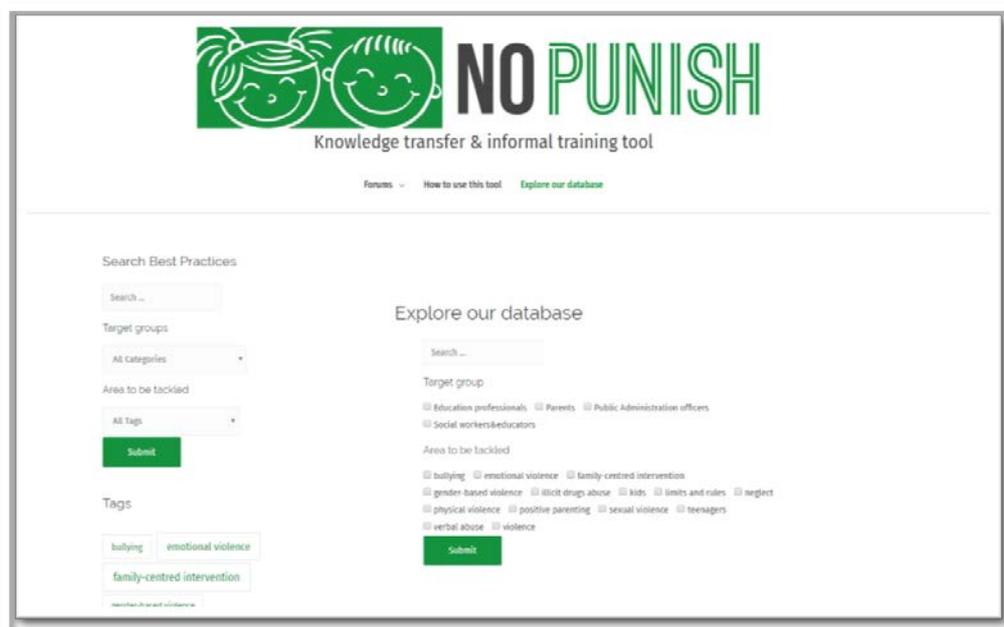
bullying emotional violence family-centred intervention gender-based violence illicit drugs abuse kids limits and rules
 neglect physical violence positive parenting sexual violence teenagers verbal abuse violence

You can find this box at <http://bestpractices.nopunish.eu/>

For searching Good Practices, you should select the target group and the main topic of interest. Then, click submit

USING THE DB TOOL

The DB Tool is hosted at <http://bestpractices.nopunish.eu/explore-our-database/> and accessible from the main menu, specifically, “Explore our database.”



NO PUNISH
Knowledge transfer & informal training tool

Forums - How to use this tool Explore our database

Search Best Practices

Search ...

Target groups

All categories

Area to be tackled

All Tags

Tags

bullying emotional violence
family-centred intervention

Explore our database

Search ...

Target group

Education professionals Parents Public Administration officers
 Social workers&educators

Area to be tackled

bullying emotional violence family-centred intervention
 gender-based violence illicit drugs abuse kids limits and rules neglect
 physical violence positive parenting sexual violence teenagers
 verbal abuse violence

Again, you should select the target group and the topic to be tackled. Then, click over “Submit”

USING THE CLOUD

You can also find practices clicking over keywords; these keywords refer to main topics. The cloud can be found in every page, except for the landing page, at the left side:

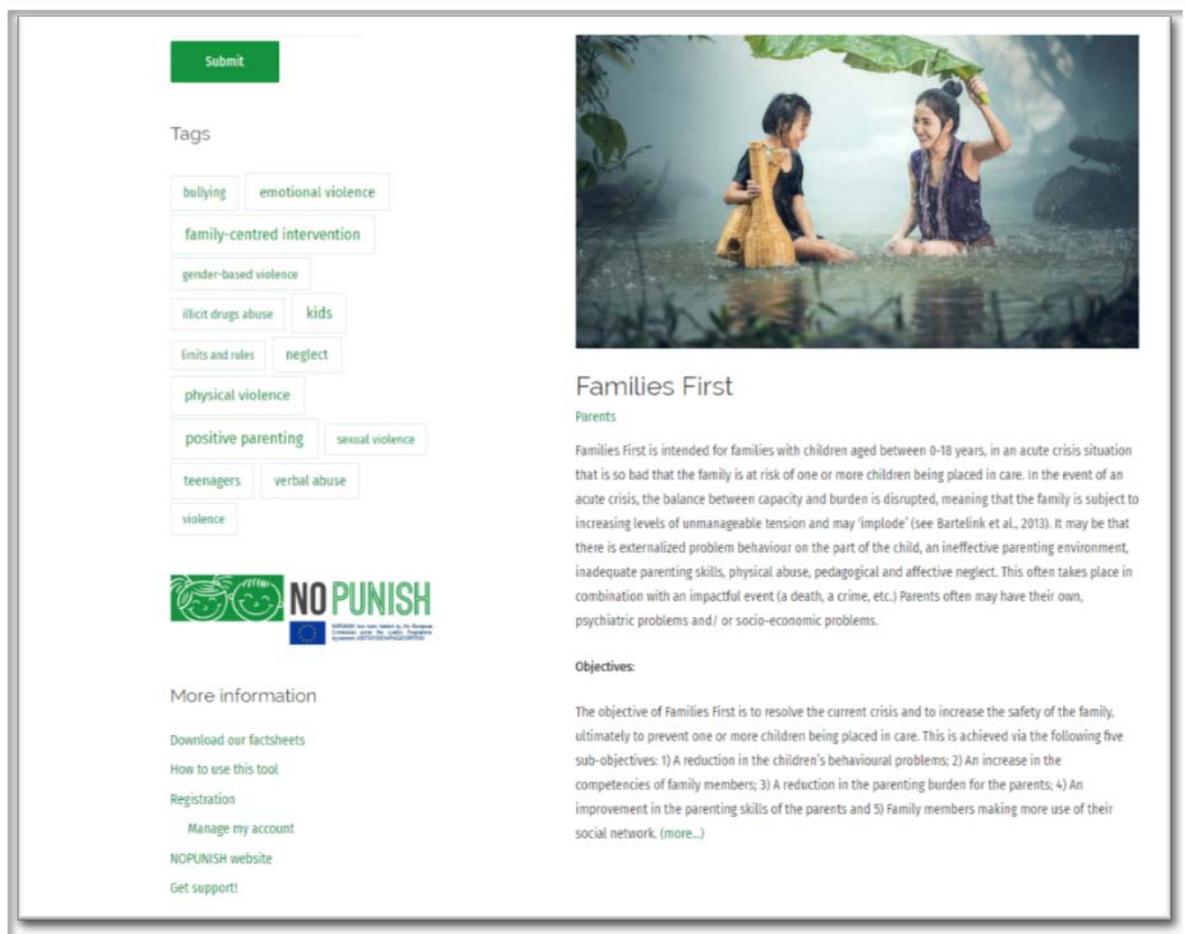
The image shows a search tool interface for the NO PUNISH project. It features a search bar at the top with the text "target groups" and a dropdown menu set to "All Categories". Below this is a section titled "Area to be tackled" with a dropdown menu set to "All Tags" and a green "Submit" button. Underneath is a "Tags" section displaying a list of keywords in a cloud format: "bullying", "emotional violence" (highlighted in green), "family-centred intervention", "gender-based violence", "illicit drugs abuse", "kids", "limits and rules", "neglect", "physical violence", "positive parenting", "sexual violence", "teenagers", "verbal abuse", and "violence". At the bottom, there is a logo for NO PUNISH, which includes a stylized green face and the text "NO PUNISH". To the right of the logo is a small European Union flag and text stating "NO PUNISH has been funded by the European Commission under the Justice Programme Agreement JUS12119EUPJAGCORR1616".

As you can see, above the cloud you will find a search tool-box too.

These tools, the cloud and the tool-box, will appear in every page of the website (except the landing page)

HOW TO WORK WITH INTERACTIVE FACTSHEETS

Once we have found an interesting, good practice, we should click over “(more...)” at the end of the excerpt or over the picture above the title. You can also access the practice clicking on the Tile (e.g., Families first)



Submit

Tags

bullying emotional violence

family-centred intervention

gender-based violence

illicit drugs abuse kids

limits and rules neglect

physical violence

positive parenting sexual violence

teenagers verbal abuse

violence

 NO PUNISH

More information

Download our factsheets

How to use this tool

Registration

Manage my account

NOPUNISH website

Get support!



Families First

Parents

Families First is intended for families with children aged between 0-18 years, in an acute crisis situation that is so bad that the family is at risk of one or more children being placed in care. In the event of an acute crisis, the balance between capacity and burden is disrupted, meaning that the family is subject to increasing levels of unmanageable tension and may 'implode' (see Bartelink et al., 2013). It may be that there is externalized problem behaviour on the part of the child, an ineffective parenting environment, inadequate parenting skills, physical abuse, pedagogical and affective neglect. This often takes place in combination with an impactful event (a death, a crime, etc.) Parents often may have their own, psychiatric problems and/ or socio-economic problems.

Objectives:

The objective of Families First is to resolve the current crisis and to increase the safety of the family, ultimately to prevent one or more children being placed in care. This is achieved via the following five sub-objectives: 1) A reduction in the children's behavioural problems; 2) An increase in the competencies of family members; 3) A reduction in the parenting burden for the parents; 4) An improvement in the parenting skills of the parents and 5) Family members making more use of their social network. (more...)

For demonstrating how to work with interactive factsheet, we will use the Families First one: <http://bestpractices.nopunish.eu/families-first/>

Search Best Practices

Search ...

Target groups: All Categories

Area to be tackled: All Tags

Submit

Tags

bullying emotional violence

family-centred intervention

gender-based violence

illicit drugs abuse kids

limits and rules neglect

physical violence

positive parenting

sexual violence teenagers

verbal abuse violence

NO PUNISH

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Families First

Parents / emotional violence, family-centred intervention, kids, neglect, physical violence, positive parenting, verbal abuse, violence

Families First is intended for families with children aged between 0-10 years, in an acute crisis situation that is so bad that the family is at risk of one or more children being placed in care. In the event of an acute crisis, the balance between capacity and burden is disrupted, meaning that the family is subject to increasing levels of unmanageable tension and may 'implode' (See Bartelink et al., 2013). It may be that there is externalized problem behaviour on the part of the child, an ineffective parenting environment, inadequate parenting skills, physical abuse, pedagogical and affective neglect. This often takes place in combination with an impactful event (a death, a crime, etc.) Parents often may have their own, psychiatric problems and/ or socio-economic problems.

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Intervention structure:

Support from Families First lasts for four to a maximum of six weeks. Four to five times per week, a family support worker will visit the family, as well as being available 24 x 7. The support is matched to the family objective and is focused on reinforcing what is going well and reducing the burden. The approach is divided into three phases. The first three days are focused on building a working relationship with family members, reducing the burden, gathering information and setting targets. Where necessary, the family support worker will provide practical and material support. During the transition phase, the family support worker will firm up the objectives with family members and translate these into action points, teach new skills, establish and increase safety within the family, activate and use the network and will teach the family members to recognize the thoughts and emotions that influence their behaviour. Halfway through this transition phase, the action plan will be evaluated and adjusted if necessary. The completion phase takes four days. The family support worker will then start any follow up support and will say goodbye.

Methodology:

Families First is conducted in the home by a specially trained family support worker.

Families First uses the following criteria for acceptance to the programme:

- There is an acute crisis;
- The parents, child and/ or referring body feel that the child should be immediately removed from the home;
- The existing resolution strategies that have been used by the family until that point are no longer working;
- The child has a (serious) behavioural problem and there is a lack of parenting skills on the part of the parents;
- The parents are not coping with the burden of bringing up the child.

Interactive Factsheets contain information about the practice, copied and pasted from the Ws2 outputs.

At the end of the factsheet you will find two elements: the interactive maturity test, and a button for downloading the full factsheet in PDF

A big green button introduces the maturity test:

SOcial NETWORK

Please, answer these questions in order to assess if this practice fits your institution

Could your institution make available a programme 24 hours - seven days per week?

NO

YES

Download Embed

Users should select the correct answer responding to the real-settings of their institutions, contexts, even families. The last slide of the interactive test shows the results. Results could be: (a) the practice is not adequate to their institution and they should read the factsheet and look for another practice in the same topic (and they could look for these practices using the search tools described above); or (b) the practice seem to fit their institution. However, we will try to redirect them to the Downloads page for disseminating the full PDF factsheet in each case.

Below the practice, at the end of the interactive factsheet, users will find a big button:



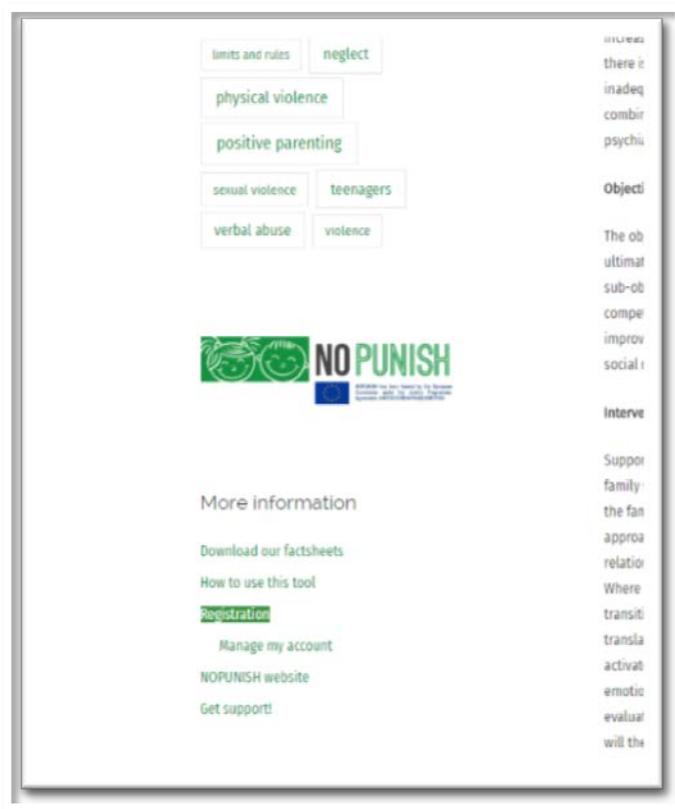
“Download our factsheets” redirects to the registration page or, if the user is already registered, to the Downloads page.

REGISTERING

Users are compelled to register in the site for downloading the complete version of our factsheets and for interacting in forums.

The user can access the Sign on through two means:

- Clicking over **DOWNLOAD OUT FACTSHEETS** without being registered
- Clicking over Registration, in the menu allocated at the left of each page, below the cloud, named "More information."



For registering, users should specify a username, password, their profile, gender, country and age (these last four items are requested for research purposes only)

The image shows a web interface with two main sections. On the left is a search area titled "Search Best Practices" with a search input field, dropdown menus for "Target groups" (set to "All Categories") and "Area to be tackled" (set to "All Tags"), and a green "Submit" button. Below this is a "Tags" section with a grid of tag buttons including "bullying", "emotional violence", "family-centred intervention", "gender-based violence", "illicit drugs abuse", "kids", "limits and rules", "neglect", "physical violence", "positive parenting", and "sexual violence". On the right is a "Registration" form with fields for "Username", "User Password", "Confirm Password", and "User Email". It also has dropdown menus for "Profile" (set to "Education professional"), "Gender" (set to "Male / Female"), and "Country" (set to "Afghanistan"). There is an "Age" input field. At the bottom of the form are two checkboxes: one for data storage consent and one for privacy policy acceptance. A green "Submit" button is at the bottom right of the registration form.

Before submitting, they should mark the double opt-in for accepting the user terms and conditions. Then, after clicking in SUBMIT, the user is registered and can download factsheets and access to the whole site content.

The registration form does not send any confirmation or activation email at this stage.

DOWNLOADING FACTSHEETS

The full version of the factsheet set requires to be registered for accessing and downloading the PDFs. After signing on, users can download the PDFs at <http://bestpractices.nopunish.eu/downloads/>

Search Best Practices

Search ...

Target groups

All Categories

Area to be tackled

All Tags

Submit

Tags

bullying emotional violence

family-centred intervention

gender-based violence

illicit drugs abuse kids

limits and rules neglect

physical violence

positive parenting sexual violence

teenagers verbal abuse

violence

 **NO PUNISH**

More information

Download our factsheets

SPAIN:

- Guide of good practices in positive parenting
- Grow happy in family
- Program Safecare & incredible years
- EDUCATE-NOPUNISH
- Love, power and violence

ESTONIA

- INCREDIBLE YEARS
- Internal Security Program
- Multidimensional Family Therapy
- No Kids in the Middle
- Parent Effectiveness Training

FLANDES

- Nonviolent resistance to support professional practices

ROTTERDAM

- FamiliesFirst
- Opvoeden&Zo
- PCIT
- VIPP-SD
- Voorzorg

ROMANIA

- "THE STRICT RULES"
- GUIDE OF GOOD PRACTICES IN POSITIVE PARENTALITY
- KNOWING THE BEHAVIOUR OF CHILDREN
- PROMOTING POSITIVE BEHAVIOR OF THE CHILDREN
- TO UNDERSTAND THE NEEDS AND BEHAVIOUR OF CHILDREN

FORUMS

The general page for accessing forums, and accessible from the main menu, is <http://bestpractices.nopunish.eu/forums/>

Forums aim at facilitating the knowledge exchange and experience sharing among all target groups. All forums are in English, except those specifically aimed at families, available in Estonian, Dutch, Romanian and Spanish.

Archives: Forums

Home > Forums

Forum	Topics	Posts	Freshness
Civil Society A meeting point for public administration, education professionals, NGOs, non-profit entities and parents' associations advocacing for the elimination of the corporal punishment	0	0	No Topics
Education A forum on responsible education aimed at teachers and community workers	0	0	No Topics
Families – General (English) A P2P forum aimed at joining together families and educators Familias – Español (0, 0), Familias – Nederlands (0, 0), Familii – românești (0, 0), Pered – eesti keel (0, 0)	0	0	No Topics

For creating a new topic in the forum, users should specify the title, then writing and explaining the content they are sharing (such as, if they are looking for networking among European teachers, they could specify their expertise, the school where they work, the main problems faced, etc.), specifying also tags for making easier to find out relevant posts.

