



Guide of good practices in positive parenting. Resource to support the professional practices with families.

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1. INTRODUCTION

Title: GUIDE OF GOOD PRACTICES IN POSITIVE PARENTALITY. Resource to support professional practices with families.

COUNTRY/REGION: SPAIN

ENTITY: GINSO

LINK/CONTACT FOR MORE INFORMATION:

2. DESCRIPTION OF THE GOOD PRACTICE

Target group:

Professionals who work with families in community services.

Objectives:

To Introduce the positive parenting approach in support services to families to improve the processes of innovation and quality improvement through changes in organizational cultures and in their professional practices.

Intervention structure:

The intervention is structured in criteria that must comply with any intervention. Through a Check List, where intervention objectives are collected, allowing an evaluation of the quality of the same.

Methodology: It is based on an ecological model, in the understanding of the parents of the conditions that facilitate or hinder this work and promote the co-responsibility of society and community development to ensure the welfare and quality of life of families.

Scientifically founded, to the extent that encourages support services to family programs that include individual, group and community-based intervention trials for parents, children and adolescents, in order to expand the modalities of provided support.

Costs related:

Professional training to apply intervention and evaluation criteria.

Further information:

Resources available:

It requires a coordinator during the implementation of the model and the follow-up, until it is consolidated as a new working methodology.

3. DIMENSIONS



Please make the cross if the good practice meets the proposed items. Also, try to expand the information in each section.

3.1. EVIDENCE OF POSITIVE AND/OR PROMISING RESULTS IN ORDER TO ELIMINATE CORPORAL PUNISHMENT

Training/Education

The program increases the use of positive disciplinary methods for parents and educators/teachers:

- Promoting the positive parenting (promoting positive relationships, care and development the child's capacities, offering recognition and guidance to the child, establishing limits that allow the full development of the child).
- Offering alternative educational strategies to corporal punishment, that promotes democratic family educational model.
- The program promotes to caregivers, the knowledge and skills for protect the children.
- The program promotes a positive dynamic and healthy family relationships.

Promotes protection

- The program will focus attention on children to understand their worries and circumstances.
- The program works on emotional education as a protective factor for violent behavior.

Empowerment

- The practice provides skills for children, promote their resilience and resources to deal with situations of violence.
- The practice promotes and improves parental skills such as: behavior of control and emotional self-regulation.

Living environment approach

- The program has references to the real living environment of parents and children (social environment, living environment, etc.).
- The program takes into account, cultural differences in the intervention.

Formal networking

- The program implies networking and cooperation with other Institutions: with comprehensive services for care, recovering, children reintegration, teens at risk or victims of corporal punishment.
- There is a networking/cooperation with other stakeholders in the local and professional environments.
- The program is included in the structure of the national/regional system and it depends on several people.

The program is aimed at promoting positive parenting, through individual and group interventions programs, which offer educational techniques, from positive



education, improve parental competence, what it means to qualify both parts, parents and children. It also places emphasis on work in professionals, structuring their intervention and providing them with scientifically proven methodologies with which to offer a quality and effective intervention.

The program emphasizes the importance in focus attention in variables of resilience of families, and work from a positive and participatory vision with them to promote and increase these protection factors.

Based on an ecological approach, the family is conceived as a natural system, which needs to take into account their values, norms in intervention, the intervention model must be adapted to idiosyncratic variables (cultural, ethnic, religious ...) of each family.

The guide tries to agree on good practices among professionals, being a quality objective, the importance of networking.

To recommend the use of the Guide in the plans and actions of the policies of support to the families for the promotion of the quality in the services and programs through better plans.

3.2. DATA ON IMPACT OF THE PRACTICE

Effectiveness of the elimination of corporal punishment

The practice has demonstrated a good impact on:

- The decreases of corporal punishment.
- The increase in positive interactions parents / mother / infant caregivers.
- The increase in timeshare.
- The improvement of communication and resolution of conflicts without using corporal punishment.
- A significant increase in knowledge, skills and confidence of parents or caregivers.
- An improvement of the welfare of the participants.

Sustainability of the impact

- The effects on the target group are sustainable.

The application of this guide has been studied among a total of 60 professionals, belonging to different support services to families, who through a qualitative study, methodology of professional discussion. The conclusions are:

It is relevant to introduce the approach of parenting positive in its service and introduce the reflection on the practice professional.

Helps to identify the strengths and weaknesses of the service.

The protocol will allow to disseminate good practices in positive parenting between your service and other related.

The protocol will facilitate the identification and promotion of the competencies of professionals working in the service.

It can increase the commitment of professionals and improve the level of participation of families in the service.



Application of the protocol: it is feasible to carry out a process of improvement in its service sustained over time but the need for self-evaluation of the service is still not a priority and in a few cases have systematically initiated a service improvement process

Although quantitative studies that measure the effect of this guide are not found.

3.3. COMPREHENSIVE NATURE

Please, tick the items the practice address to:

Dimension 1: Social and cultural context towards corporal punishment and alternative methods (including MEDIA analysis)

- The program promotes support and guidance to parents in developing a responsible parenthood that will reduce corporal punishment.
- The program supports teachers and school support staff in improving their skills and management skills of non-violent learning methods.
- It involves parents and tutors through established participatory Organizations (AMPA and others), prevention and elimination of corporal punishment.
- The practice promotes the child-youth movement through the creation and / or consolidation of representative organizations in communities.

Dimension 2: Legal framework conditions and other procedural, judicial frameworks related with the implementation of the law

- The practice responds to the objectives of education and social reintegration provided by law.
- It is consistent with the existing legal framework for protection of violence against children and teenagers, to ban explicitly corporal punishment.

Dimension 3: Awareness and training efforts concerning corporal punishment and alternative methods:

- The program raises awareness about the importance in eliminating corporal punishment.
- The practice provides training about corporal punishment elimination methods.

Dimension 4: Resources available on positive parenting techniques and complementary knowledge

- The practice provides resources available on positive parenting techniques and complementary knowledge.

The positive parenting, is a model that promotes a preventive approach to good educational practices, positive education model, free of violence. It does not make an explicit emphasis on the elimination of corporal punishment, but it does promote a model of parental education and care that is incompatible with a negligent and violent model.



3.4. INNOVATION

The program has an innovative character, or implies innovative aspects (e. g. actual knowledge, new ideas or methodology, etc.).

It is a model that emphasizes the importance of professional competition to get the best practices in the intervention with families. Structure the service, serving of guide to organizing and structuring the own system of intervention.

It introduces a new paradigm of intervention the positive parenting, promotes resilience and the active participation of families in the intervention, compared to a more health care model in which the community intervention models are supported.

3.5. COST-EFFICIENCY

The cost-efficiency is adequate.

There are no lower cost alternatives to achieve the same impact

The training for the use of this guide is aimed at professionals who, according to a high number of users, so the impact of the intervention directly and indirectly is high, since the professional training and provide improvement expertise, it has a long-term effect and stable over time, ensuring that it reaches a large number of users.

It entails a new paradigm and work philosophy, with which it's optimizes resources and guarantees an intervention more rigorous and efficient, having a system of self-assessment, with that measure the quality of the service.

3.6. TRANSFERABILITY POTENTIAL

There is access to the methodology and how the program has been implemented (e. g. process description, manual etc.).

The program has already been successfully transferred to another region.

The program can be transferred to other frame conditions in international contexts:

The program does not rely too much on specific aspects of the national/regional system.

The program does not depend too much on one/few specific professional qualifications and/ or profiles.

The program can be transferred if the material, program or license are paid.

The program is aimed to implement the positive parenting, which has been shown to be one of the most appropriate models to enhance comprehensive development and welfare of the child. It is a universal concept, out of cultural



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connotations, whose application can take to place in any country, in considering the differences intercultural and ecological model.



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